

20260810 33 歲公務員猛打鼾精神不濟 竟是睡眠呼吸中止症上身
總計 51 篇新聞媒體刊載報導，歡迎轉傳，謝謝！

製表人:管理部/湯智斌

- 1.20260811 自由時報/健康醫療/B6 全國版
- 2.20260812 台灣新生報/養生文化報焦點/16 全國版
- 3.20260811 民時新聞報/中部新聞/2
- 4.20260811 台中日報
- 5.20260810 大里人聊天室
- 6.20260810 霧峰人俱樂部
- 7.20260812 我是台中人
- 8.自由健康網（即時新聞）：<https://health.ltn.com.tw/article/breakingnews/5534723>
- 9.自由健康網：<https://health.ltn.com.tw/article/paper/1766158>
- 10.聯合新聞網：<https://udn.com/news/story/7266/9681266>
- 11.中廣新聞網：<https://bccnews.com.tw/archives/809876>
- 12.全國廣播：
<https://www.mradio.com.tw/home/m-news/ContentView/03ada784-1cc9-4806-801a-702a1622731a/false/m-news>
- 13.HOT 熱訊生活新聞網：<https://hotmessage.co/archives/202867>
- 14.鴨鴨新聞：<https://yayanews.com.tw/27613/>
- 15.台灣好新聞：
<https://www.taiwanhot.net/news/1144447/33%E6%AD%B2%E5%85%AC%E5%8B%99%E5%93%A1%E7%8C%9B%E6%89%93%E9%BC%BE%E7%B2%BE%E7%A5%9E%E4%B8%8D%E6%BF%9F+%E7%AB%9F%E6%98%AF%E7%9D%A1%E7%9C%A0%E5%91%BC%E5%90%B8%E4%B8%AD%E6%AD%A2%E7%97%87%E4%B8%8A%E8%BA%AB>
- 16.台灣華報：<https://www.kingtop.com.tw/detail.php?type=lastest&id=52597>
- 17.台灣新生報：<https://www.tssdnews.com.tw/?FID=10&CID=886992>
- 18.台中日報：<https://tc-news.shop2000.com.tw/news/486136>
- 19.觀傳媒：<https://www.watchmedia01.com/archives/538277>
- 20.商傳媒：
<https://sunmedia.tw/news/collaborative/68i9wkYqDvhsda5Yh6cJORHROuSkAqfsUDHLptIMfmiD a1BIeGHv5vULpJiO7>
- 21.真晨報電子網：<https://5550555.com/web/story.html?s=342365>
- 22.民時新聞網：
<https://macrocosm.tw/%e5%85%ac%e5%8b%99%e5%93%a1%e7%8c%9b%e6%89%93%e9%bc%be-%e7%9d%a1%e7%9c%a0%e5%91%bc%e5%90%b8%e4%b8%ad%e6%ad%a2%e7%97%87%e4%bd%9c%e6%80%aa/>
- 23.互傳媒：<https://hoomedia.com.tw/2026/08/10/159815/>

24.手術善其事: https://www.presurgmedia.com/news/dlzi_0810

25.Yahoo!新聞/自由時報:

<https://tw.news.yahoo.com/33%E6%AD%B2%E7%94%B7%E5%85%AC%E5%8B%99%E5%93%A1-1%E5%B0%8F%E6%99%82%E7%AA%92%E6%81%AF80%E6%AC%A1-%E4%BB%96%E9%9D%A0%E9%81%94%E6%96%87%E8%A5%BF%E6%89%8B%E8%A1%93%E6%89%93%E9%80%9A-%E5%A5%AA%E5%91%BD%E7%AA%84%E9%81%93-065857921.html>

26.Yahoo!新聞/中廣新聞網:

<https://tw.news.yahoo.com/%E7%9D%A1%E7%9C%A0%E5%91%BC%E5%90%B8%E4%B8%AD%E6%AD%A2%E7%97%87%E4%B8%8A%E8%BA%AB-33%E6%AD%B2%E5%85%AC%E5%8B%99%E5%93%A1%E7%8C%9B%E6%89%93%E9%BC%BE%E7%B2%BE%E7%A5%9E%E4%B8%8D%E6%BF%9F-025343091.html>

27.Yahoo!新聞/全國廣播:

<https://tw.news.yahoo.com/33%E6%AD%B2%E5%85%AC%E5%8B%99%E5%93%A1%E5%9A%B4%E9%87%8D%E6%89%93%E9%BC%BE-%E7%AB%9F%E6%98%AF%E9%87%8D%E5%BA%A6%E7%9D%A1%E7%9C%A0%E5%91%BC%E5%90%B8%E4%B8%AD%E6%AD%A2%E7%97%87-071136754.html>

28.Yahoo!新聞/台灣新生報:

<https://tw.news.yahoo.com/%E5%85%AC%E5%8B%99%E5%93%A1%E7%8C%9B%E6%89%93%E9%BC%BE%E7%B2%BE%E7%A5%9E%E4%B8%8D%E6%BF%9F-%E7%AB%9F%E6%98%AF%E7%9D%A1%E7%9C%A0%E5%91%BC%E5%90%B8%E4%B8%AD%E6%AD%A2%E7%97%87-124229576.html>

29.Yahoo!新聞/觀傳媒:

<https://tw.news.yahoo.com/33%E6%AD%B2%E7%94%B7%E5%A4%9C%E7%8C%9B%E6%89%93%E9%BC%BE%E7%99%BD%E5%A4%A9%E6%98%8F%E6%B2%89-%E6%AA%A2%E6%9F%A5%E9%A9%A9%E8%A6%8B-%E9%87%8D%E5%BA%A6%E7%9D%A1%E7%9C%A0%E5%91%BC%E5%90%B8%E4%B8%AD%E6%AD%A2%E7%97%87-114918730.html>

30.Yahoo!新聞/互傳媒:

<https://tw.news.yahoo.com/33%E6%AD%B2%E5%85%AC%E5%8B%99%E5%93%A1%E7%8C%9B%E6%89%93%E9%BC%BE%E7%B2%BE%E7%A5%9E%E4%B8%8D%E6%BF%9F-%E7%AB%9F%E6%98%AF%E7%9D%A1%E7%9C%A0%E5%91%BC%E5%90%B8%E4%B8%AD%E6%AD%A2%E7%97%87%E4%B8%8A%E8%BA%AB-004938827.html>

31.PChome 新聞/互傳媒:

<https://news.pchome.com.tw/healthcare/hoomedia/20260810/index-78632297847173344012.html>

32.世界新聞網/聯合新聞網: <https://www.worldjournal.com/wj/story/121238/9682456>

33.yam 新聞/觀傳媒: <https://n.yam.com/Article/20260810194418>

34.yam 新聞/鴨鵝新聞: <https://n.yam.com/Article/20260810761770>

35.yam 新聞/台灣好新聞: <https://n.yam.com/Article/20260810315417>

36.yam 新聞/互傳媒: <https://n.yam.com/Article/20260810640697>

37.owl 新聞/台灣好新聞: <https://news.owlting.com/articles/1434927>

38.LIFE 生活網/台灣好新聞:

<https://life.tw/article/33%E6%AD%B2%E5%85%AC%E5%8B%99%E5%93%A1%E7%8C%9B%E6%89%93%E9%BC%BE%E7%B2%BE%E7%A5%9E%E4%B8%8D%E6%BF%9F-%E7%AB%9F%E6%98%AF%E7%9D%A1%E7%9C%A0%E5%91%BC%E5%90%B8%E4%B8%AD%E6%AD%A2%E7%97%87%E4%B8%8A%E8%BA%AB-3114711>

39.LIFE 生活網/互傳媒:

<https://life.tw/article/33%E6%AD%B2%E5%85%AC%E5%8B%99%E5%93%A1%E7%8C%9B%E6%89%93%E9%BC%BE%E7%B2%BE%E7%A5%9E%E4%B8%8D%E6%BF%9F-%E7%AB%9F%E6%98%AF%E7%9D%A1%E7%9C%A0%E5%91%BC%E5%90%B8%E4%B8%AD%E6%AD%A2%E7%97%87%E4%B8%8A%E8%BA%AB-3114608>

40.LINE TODAY 新聞/台灣好新聞: <https://n.yam.com/Article/20260810315417>

41.LINE TODAY 新聞/中廣新聞網: <https://today.line.me/tw/v3/article/1DIXx79>

42.善思新聞網/台灣好新聞:

<https://tdn.today/posts/757437/33%E6%AD%B2%E5%85%AC%E5%8B%99%E5%93%A1%E7%8C%9B%E6%89%93%E9%BC%BE%E7%B2%BE%E7%A5%9E%E4%B8%8D%E6%BF%9F-%E7%AB%9F%E6%98%AF%E7%9D%A1%E7%9C%A0%E5%91%BC%E5%90%B8%E4%B8%AD%E6%AD%A2%E7%97%87%E4%B8%8A>

43.MSN 新聞/中廣新聞網:

<https://www.msn.com/zh-tw/health/mindandbody/%E7%9D%A1%E7%9C%A0%E5%91%BC%E5%90%B8%E4%B8%AD%E6%AD%A2%E7%97%87%E4%B8%8A%E8%BA%AB-33%E6%AD%B2%E5%85%AC%E5%8B%99%E5%93%A1%E7%8C%9B%E6%89%93%E9%BC%BE%E7%B2%BE%E7%A5%9E%E4%B8%8D%E6%BF%9F/ar-AA29Jknl?ocid=BingNewsVerp>

44.警政時報/觀傳媒: https://www.tcpttw.com/other/other_local/2026/08/10/298640/

45.Yes 新聞/觀傳媒:

<https://www.yesmedia.com.tw/33%E6%AD%B2%E7%94%B7%E5%A4%9C%E7%8C%9B%E6%89%93%E9%BC%BE%E7%99%BD%E5%A4%A9%E6%98%8F%E6%B2%89%E3%80%80%E6%AA%A2%E6%9F%A5%E9%A9%9A%E8%A6%8B%E3%80%8C%E9%87%8D%E5%BA%A6%E7%9D%A1%E7%9C%A0%E5%91%BC%E5%90%B8/>

46.獨家報導/觀傳媒:

https://www.scooptw.com/local_news/511629/33%E6%AD%B2%E7%94%B7%E5%A4%9C%E7%8C%9B%E6%89%93%E9%BC%BE%E7%99%BD%E5%A4%A9%E6%98%8F%E6%B2%89%E3%80%80%E6%AA%A2%E6%9F%A5%E9%A9%9A%E8%A6%8B%E3%80%8C%E9%87%8D%E5%BA%A6%E7%9D%A1%E7%9C%A0%E5%91%BC%E5%90%B8/

47.樂聯網/觀傳媒: <https://leho.com.tw/archives/357855>

48.仁愛長庚合作聯盟醫院官網: <https://www.iah.org.tw/>

49.仁愛長庚合作聯盟醫院 FB: <https://www.facebook.com/jahfans/>

50.仁愛長庚合作聯盟醫院 IG: <https://www.instagram.com/jchhospital/>

51.仁愛長庚合作聯盟醫院 Threads: <https://www.threads.net/@jchhospital>